

# Complete Wellness Program

Experience Recovery's goals are to assist the persons served to improve their quality of life by offering a complete wellness program that will include:

**EMOTIONAL** – Developing skills and strategies to cope with stress.

**SOCIAL** – Developing a sense of connection and support systems.

**SPIRITUAL** – Search for meaning and purpose.

**PHYSICAL** – Recognizing the need for physical activity, diet, sleep, nutrition.

**INTELLECTUAL** – Recognizing creative abilities and finding ways to expand knowledge and skills.

**ENVIRONMENTAL** – Good health by occupying pleasant, stimulating environments that support well-being.

**FINANCIAL** – Satisfaction with current and future financial situations.

**OCCUPATIONAL** – Personal satisfaction and enrichment derived from one's work.

Experience Recovery believes that everyone suffering from the disease of addiction deserves the care and environment to begin their healing. Treatment goals are to assist the persons served to achieve significant improvement in their quality of life through the reduction or elimination of the use of chemicals. In addition, we hope to see a consequent reduction in associated health problems and psychopathology.



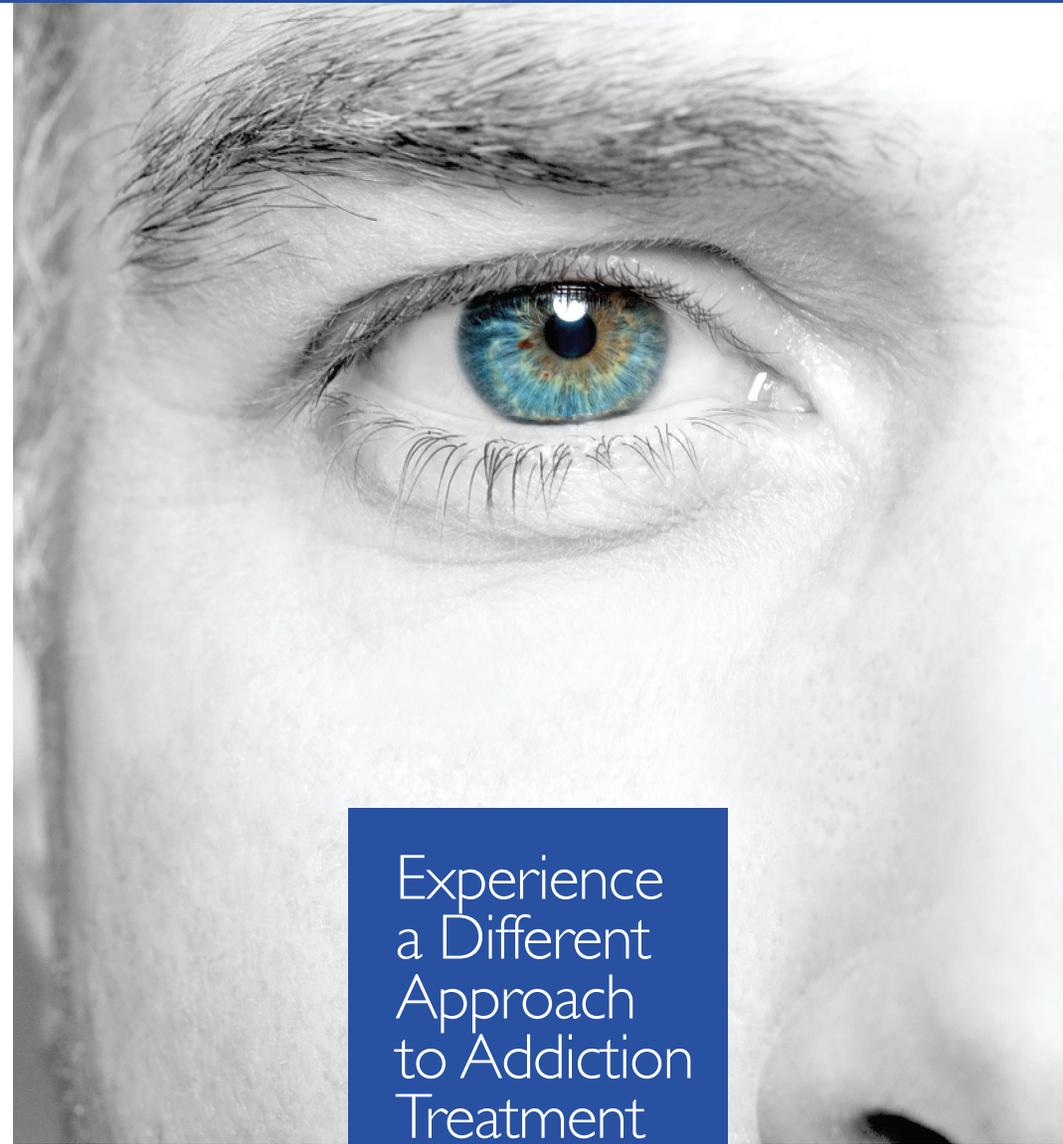
**EXPERIENCE RECOVERY**

Truth. Strength. Hope.

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Experience  
a Different  
Approach  
to Addiction  
Treatment



**EXPERIENCE RECOVERY**

Truth. Strength. Hope.

Proven  
Results You  
Can Trust  
From Years of  
Experience

## Hope and Healing for Men Struggling with Addiction

Addiction is best understood as a brain disease; while its effects can seem inescapable, the truth is that medical and clinical intervention has shown remarkable impact in freeing individuals from addiction's grasp. At Experience Recovery, we boast a team of addiction treatment professionals who are well-versed in the medicine of recovery, and who take a data-driven, science-based approach to each case and every client.

Experience Recovery is committed to providing the latest in science based treatment, in the most cost-effective, patient-specific manner possible. Experience Recovery goals are to assist the persons served to improve their quality of life by offering a complete wellness program.

## 24/7 Medically Observed Drug and Alcohol Detox

Experience Recovery offers gender-specific detoxification and withdrawal management (WM) to treat individuals withdrawing from opiates, benzodiazepines, alcohol, methadone, and stimulants. Withdrawal management (WM) refers to the medical and psychological care of patients who are experiencing withdrawal symptoms as a result of ceasing or reducing use of their drug of dependence.

Experience Recovery provides detoxification in a way that reduces the discomfort in a safe environment. We offer 24-hour monitoring provided on a safe and closed campus where you will be assessed every 30 minutes for the first 72 hours to ensure you are comfortable and safe.

## Gender Specific Residential Treatment

In Residential Treatment, we continue to emphasize establishing long-lasting recovery. To accomplish this goal, we will combine science-based substance use disorder services, nutrition, hedonic rehabilitation, individual/family psychotherapy, mindfulness, and additional services to achieve a comprehensive and person-centered program.

Integration into our Residential Treatment program will be determined based on your medical necessity and your clinical treatment team. You must be medically/clinically cleared to enter our residential program and may have to complete detox prior to entry.



Experience Recovery is committed to ethical and professional healthcare services for individuals and families.

## Meet the Person Where They Are At

Addiction is a widespread disease, yet there isn't just one way to treat it. Science has proven again and again that addiction care requires a personalized approach, wherein the therapeutic model is tailored to meet the needs of the individual. That's why Experience Recovery offers custom care, refusing to take a "one size fits all" approach.

The process begins with an assessment, which allows our Medical Director and Clinical Team to learn more about the individual, about the extent of addiction, and about any possible co-morbidities. This assessment can be done either over the phone or face-to-face, in a comfortable and private clinical setting.

Evaluations involve input from a multidisciplinary team, though the process is always confidential. Our role is to help those who seek freedom from addiction, and through the evaluation process we are able to work with them to map out a blueprint for recovery – a complete therapeutic program that's tailored to the individual, backed by clinical data, and designed to open the door to long-term recovery.

The evaluation process encompasses mental health, but also physical, spiritual, and emotional symptoms – and its result is a clear understanding of the next steps in the process, the safest and more effective way to assist the client in obtaining sobriety.

The approach is never cookie-cutter. We care about people – not just lists of symptoms – and are happy to meet people where they are at. Learn more, or schedule an assessment, by contacting Experience Recovery today.

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Our Vision  
Is Simple –  
to Empower  
Those Whom  
We Serve